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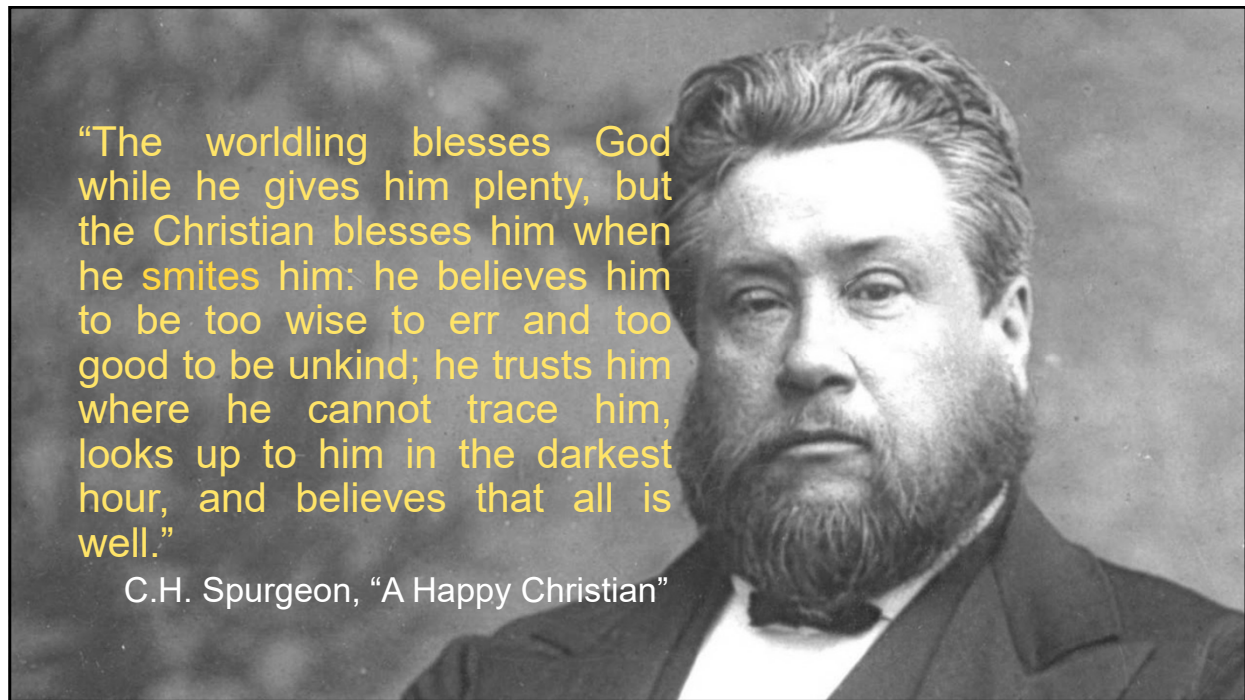
Job 14:1 "Man who is born of woman is of few days and full of trouble.

Ps 90:10 The days of our lives are seventy years; and if by reason of strength they are eighty years, yet their boast is only labor and sorrow; for it is soon cut off, and we fly away.

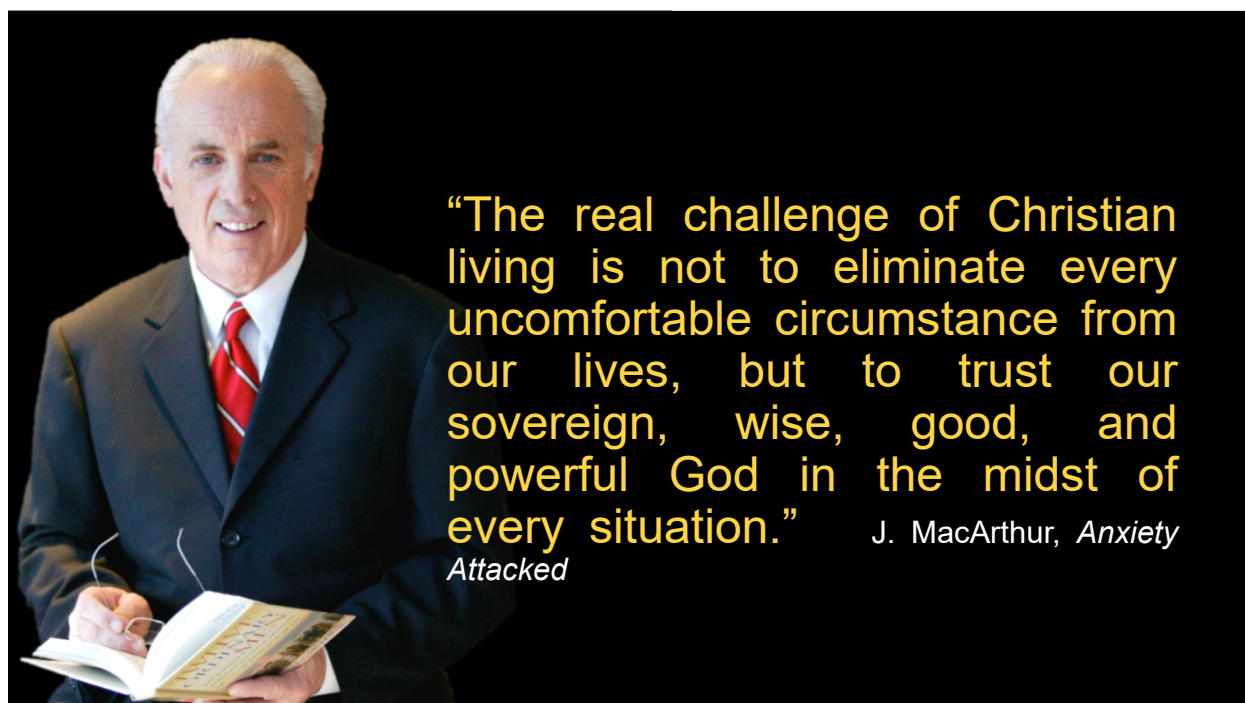
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10

## When we're troubled ....

Remember, some of God's choicest servants have been troubled too.

11

## David was troubled ...

**Ps 38:6-8** I am troubled, I am bowed down greatly; I go mourning all the day long. <sup>7</sup> For my loins are full of inflammation, and there is no soundness in my flesh. <sup>8</sup> I am feeble and severely broken; I groan because of the turmoil of my heart.

**Ps 77:3-4** I remembered God, and was troubled; I complained, and my spirit was overwhelmed. Selah <sup>4</sup> You hold my eyelids open; I am so troubled that I cannot speak.

12

## Daniel was troubled ...

**Dan 7:15,28** “I, Daniel, was grieved in my spirit within my body, and the visions of my head troubled me. ... <sup>28</sup> “This is the end of the account. As for me, Daniel, my thoughts greatly troubled me, and my countenance changed; but I kept the matter in my heart.”

13

## The Disciples were troubled ...

**Mt 14:26** And when the disciples saw Him walking on the sea, they were troubled, saying, “It is a ghost!” And they cried out for fear.

**Mt 15:33** Then His disciples said to Him, “Where could we get enough bread in the wilderness to fill such a great multitude?”

**Jn 13:36** Simon Peter said to Him, “Lord, where are You going?” Jesus answered him, “Where I am going you cannot follow Me now, but you shall follow Me afterward.”

14



**Lk 24:37-38** But they were terrified and frightened, and supposed they had seen a spirit. <sup>38</sup> And He said to them, "Why are you troubled? And why do doubts arise in your hearts?"

15

**Martha was troubled ...**

**Lk 10:41** And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things.

16



## Jesus was troubled ...

**Jn 11:33** Therefore, when Jesus saw her weeping, and the Jews who came with her weeping, He groaned in the spirit and was troubled.

**Jn 12:27** "Now My soul is troubled, and what shall I say? 'Father, save Me from this hour'? But for this purpose I came to this hour.

**Jn 13:21** When Jesus had said these things, He was troubled in spirit, and testified and said, "Most assuredly, I say to you, one of you will betray Me."

17

## Paul was troubled ...

**2 Cor 4:8** We are hard-pressed on every side, yet not crushed; we are perplexed, but not in despair;

**2 Cor 7:5** For indeed, when we came to Macedonia, our bodies had no rest, but we were troubled on every side. Outside were conflicts, inside were fears.

**2 Thess 1:7** and to give you who are troubled rest with us when the Lord Jesus is revealed from heaven with His mighty angels,

18

When we're troubled, we need to remember ...

Paul says, don't be troubled ...

2 Thess 2:1-2 ... we ask you not to be soon shaken in mind or troubled, either by spirit or by word or by letter, as if from us,

19

Peter says, don't be troubled ...

1 Pet 3:14 But even if you should suffer for righteousness' sake, you are blessed. "And do not be afraid of their threats, nor be troubled."

20

## Jesus says, don't be troubled ...

**Jn 14:1,27** "Let not your heart be troubled; you believe in God, believe also in Me. ... <sup>27</sup> Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.

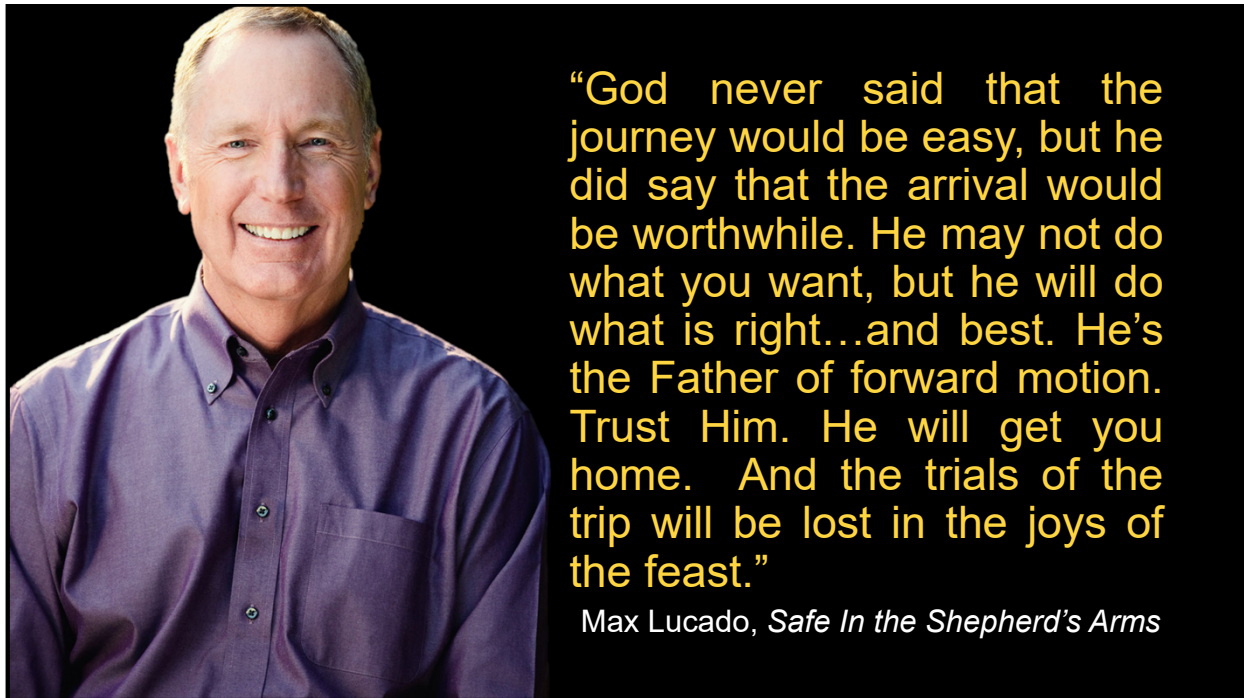
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## So, don't be troubled.

**Heb 11:6** But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.

**Rom 14:23** ... for whatever is not from faith is sin.

22



23