

FEAR

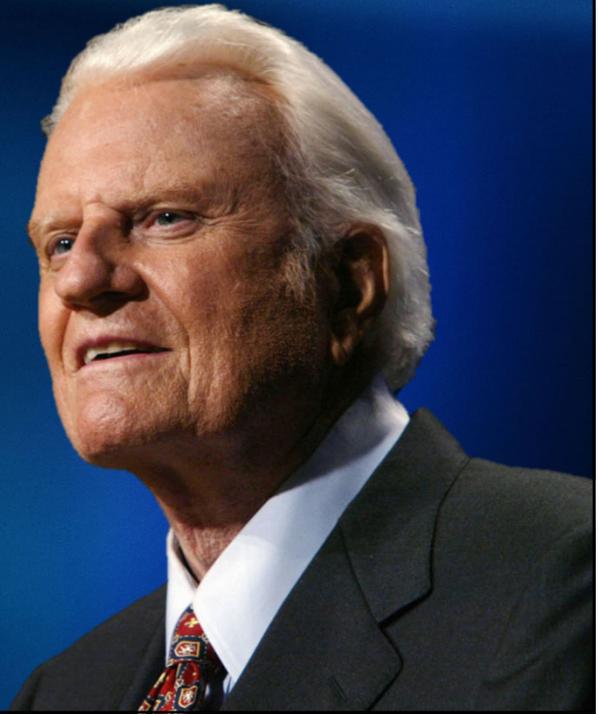
Part 2:
“Worthless worry”

Not

“Worry is the noxious first cousin to fear. Fear and worry will do to you what grit does to machinery — shut you down.” Adrian Rogers

“Historians will probably call our era “the age of anxiety.” Anxiety is the natural result when our hopes are centered in anything short of God and His will for us.”

Billy Graham

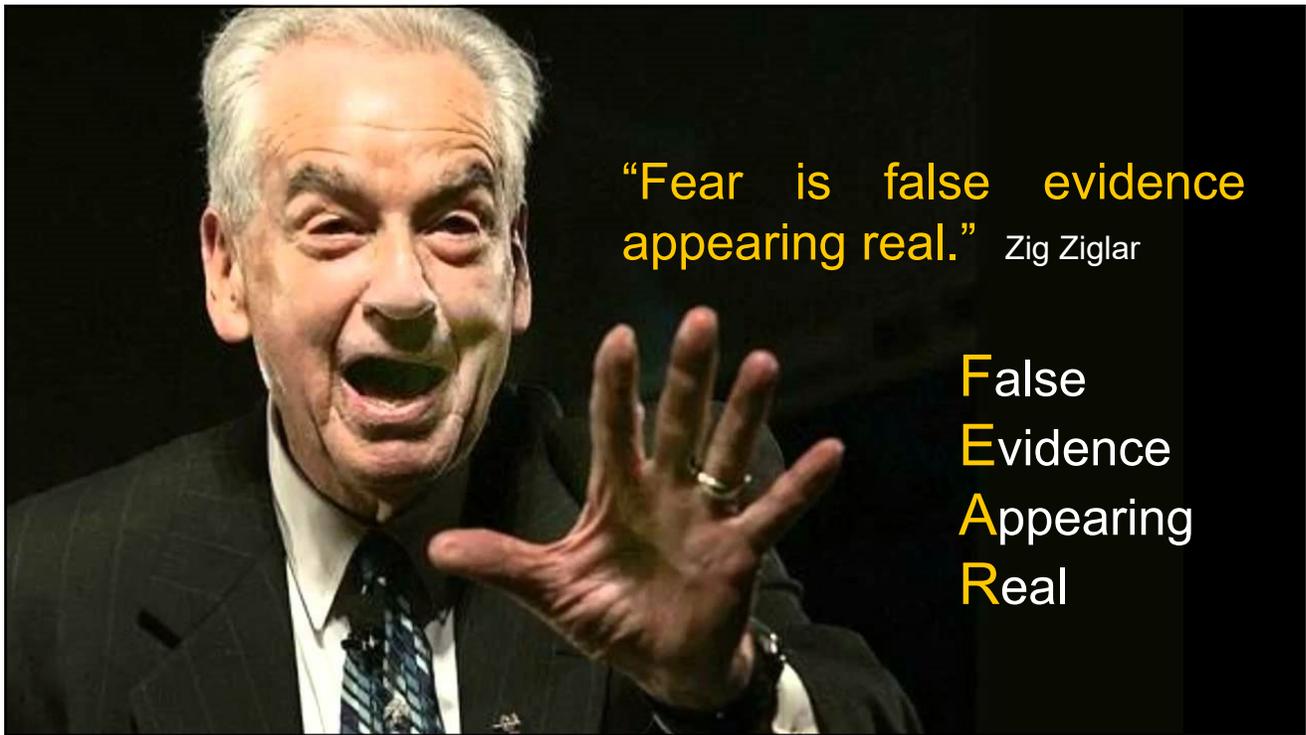


Destructive fears:

- **Alek-toro-phobia** - fear of chickens
- **Anthro-phobia** - fear of flowers
- **Aulo-phobia** - fear of flutes
- **Venustraphobia** - fear of beautiful women
- **Biblio-phobia** - fear of books
- **Papa-phobia** - fear of the Pope
- **Rhab-do-phobia** - fear of being beaten by a rod
- **Syn-genes-ophobia** - fear of relatives
- **Homilo-phobia** - fear of sermons

Constructive fears:

- **The electrician has a healthy fear of electricity**
- **The lion tamer has a healthy fear for lions**
- **The pilot has a healthy fear of gravity**
- **The fireman has a healthy fear of fire**



1. Fear is common to everyone

Genghis Khan was terrified of dogs

Julius Caesar, Napoleon Bonaparte, Alexander the Great were afraid of cats

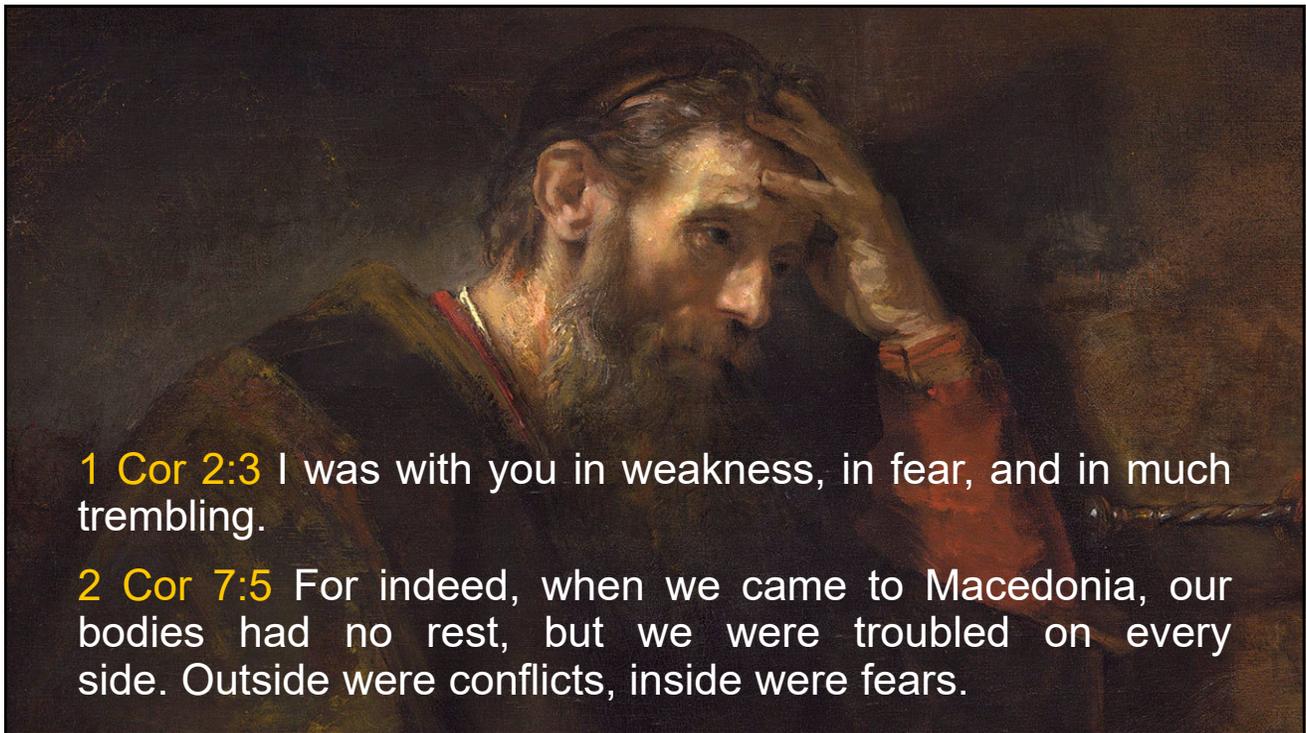
Augustus Caesar was afraid of the dark and of thunder and lightning

George Washington feared being buried alive

Thomas Jefferson was terrified of speaking in public

Adolf Hitler was deathly afraid of dentists

Gustave Eiffel was terrified of heights

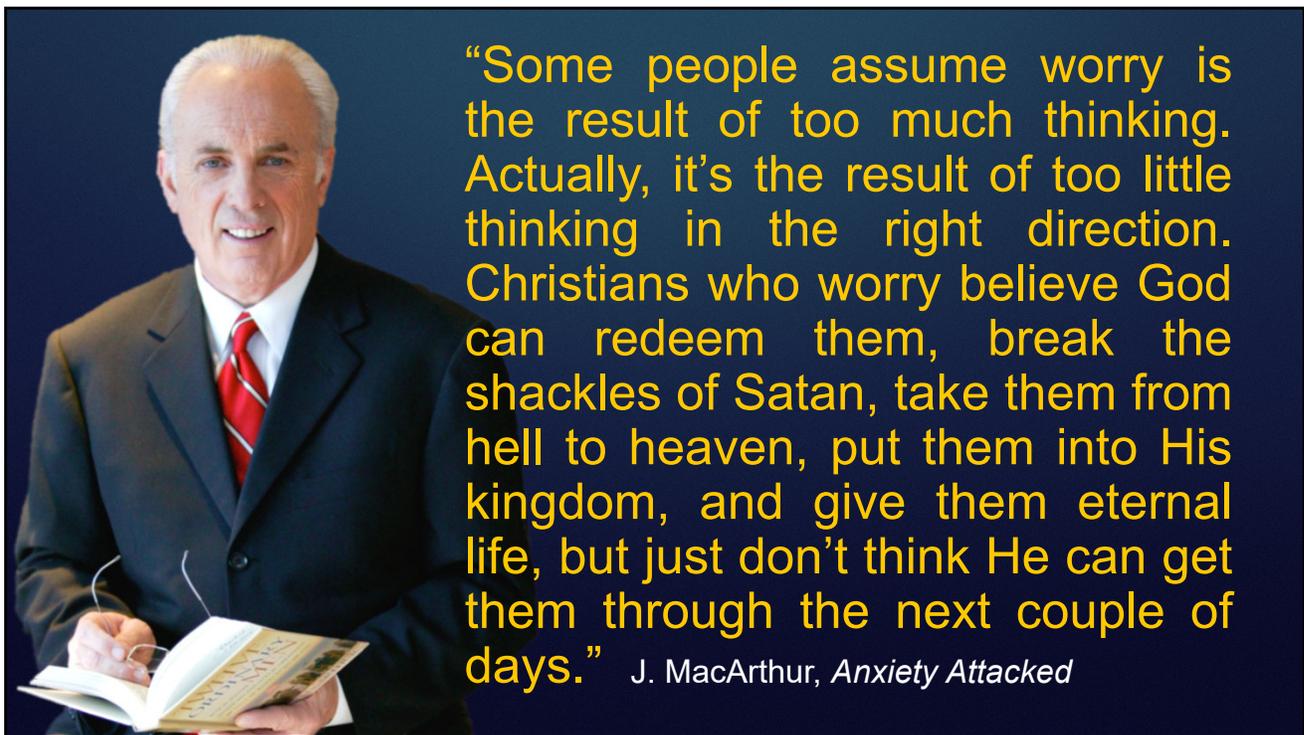


1 Cor 2:3 I was with you in weakness, in fear, and in much trembling.

2 Cor 7:5 For indeed, when we came to Macedonia, our bodies had no rest, but we were troubled on every side. Outside were conflicts, inside were fears.

Heb 5:7 who, in the days of His flesh, when He had offered up prayers and supplications, with vehement cries and tears to Him who was able to save Him from death, and was heard because of His godly fear,

1. Fear is common to everyone
2. Fear is a sin
3. Fear is an insult to God
4. Fear is unproductive
5. Fear is counter-productive
6. Fear is not fatal

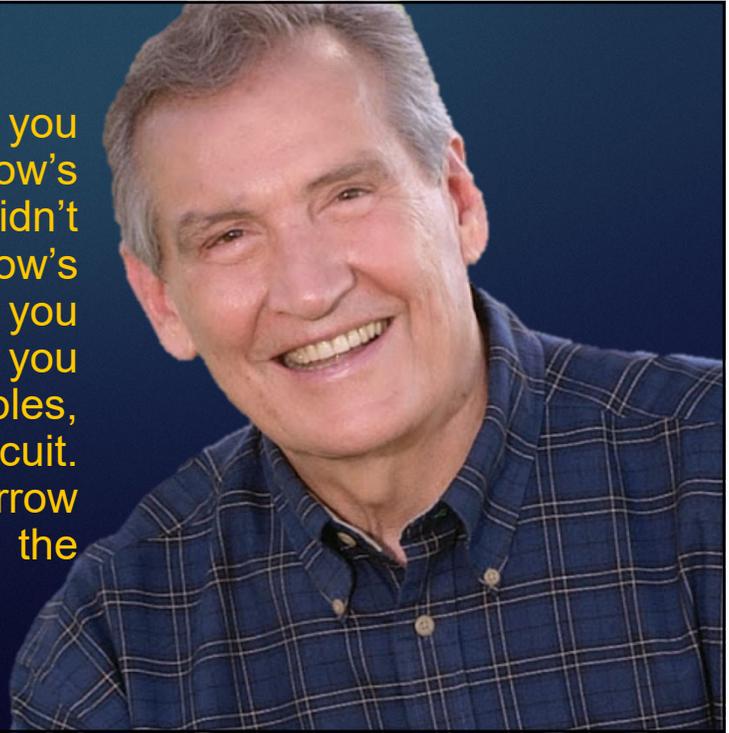


Worry comes from the Old English term *wyrgan*, which means: “to choke” or “strangle.”

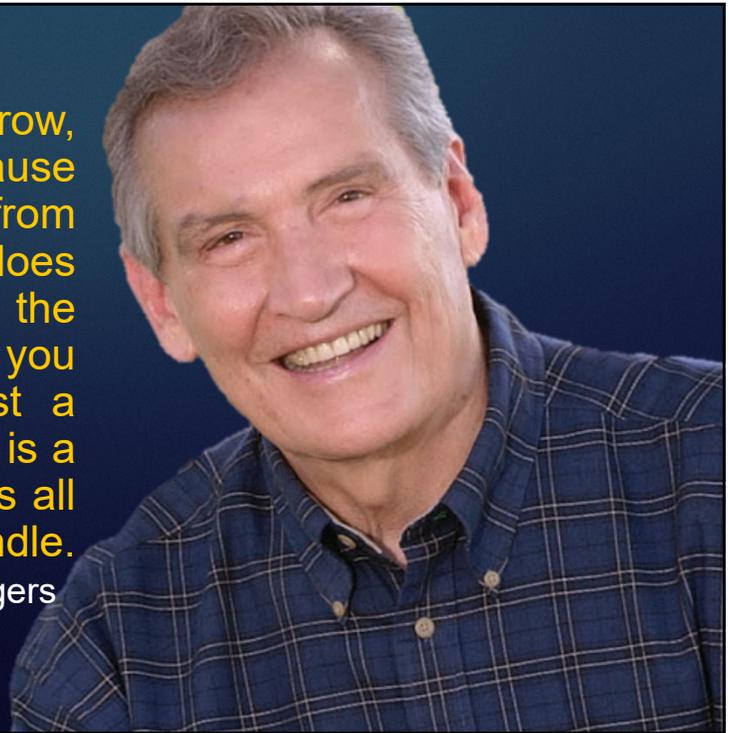
Earl Nightingale, *Lead the Field*:

- 40% of worry is over things that never happen
- 30% of worry is over things past which can't be changed or corrected
- 12% of worry is over health
- 10% of worry is over petty, miscellaneous things
- 8% of worry is over real, legitimate things

“What happens when you worry? You bring tomorrow’s difficulty into today. God didn’t give you grace for tomorrow’s difficulties. He only gives you grace for today. When you reach into tomorrow’s troubles, you overload today’s circuit. Worry doesn’t take the sorrow out of tomorrow, it takes the strength out of today.



When you meet tomorrow, you’re out of breath because you’re already overloaded from today. Worry, therefore, does not make you ready for the future, it really makes you unready. Yesterday is just a canceled check. Tomorrow is a promissory note. Today has all the cash you can handle. Spend it wisely.” Adrian Rogers

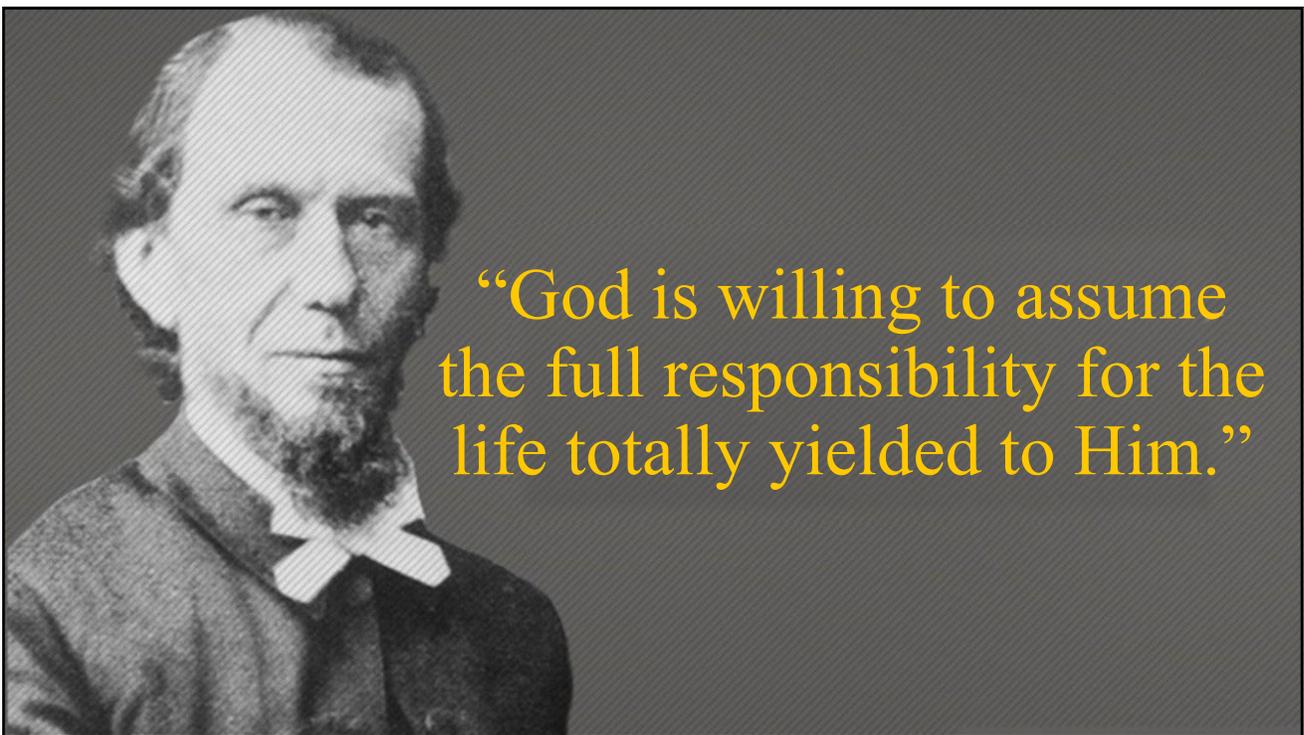
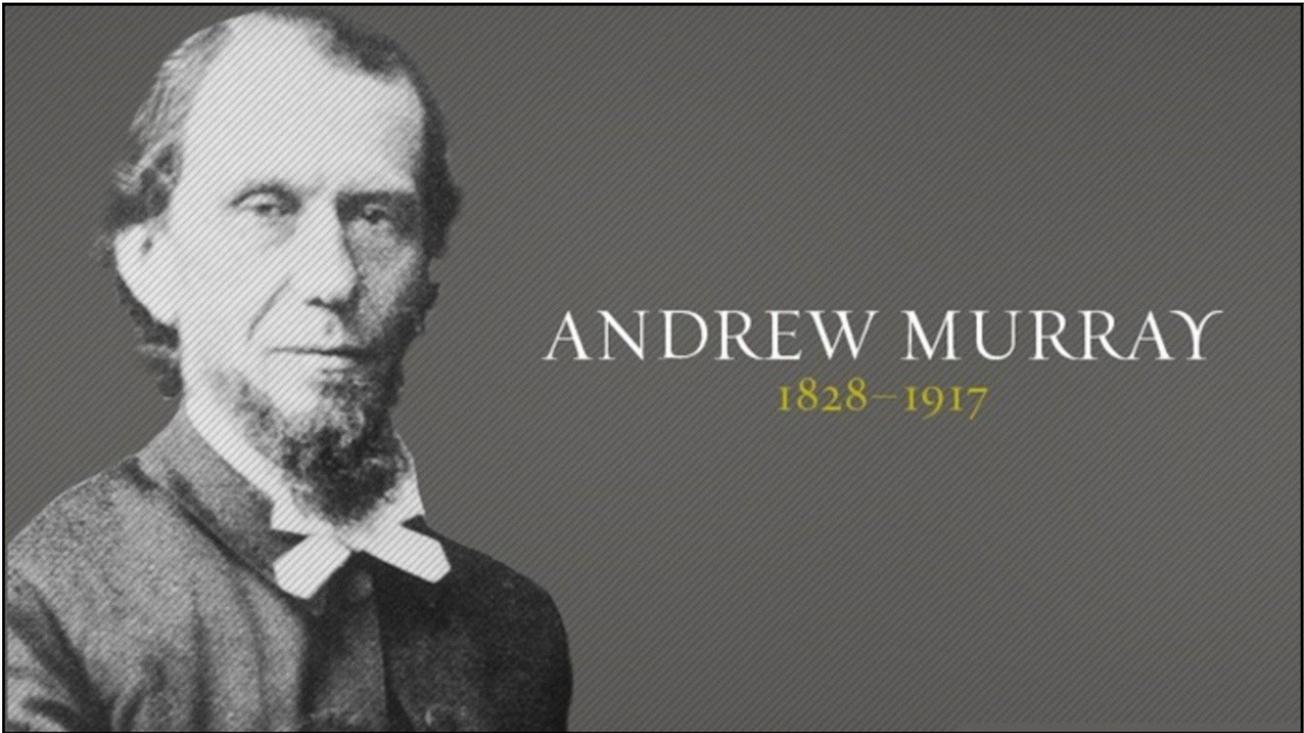


Mt 6:33-34 But seek first the kingdom of God and His righteousness, and all these things shall be added to you. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.

1. Priorities are paramount

“But seek first the kingdom of God and His righteousness”

Mt 6:24 “No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon.



2. Peace is a by-product

“all these things shall be added to you”

Quick facts on peace:

- It is divine
- It is a gift
- It is always available
- It is not subject to circumstances

3. Presumption is a pitfall

“do not worry about tomorrow, tomorrow will worry about its own things”

Js 4:13-16 Come now, you who say, “Today or tomorrow we will go to such and such a city, spend a year there, buy and sell, and make a profit”; ¹⁴ whereas you do not know what will happen tomorrow. For what is your life? It is even a vapor that appears for a little time and then vanishes away. ¹⁵ Instead you ought to say, “If the Lord wills, we shall live and do this or that.” ¹⁶ But now you boast in your arrogance. All such boasting is evil.

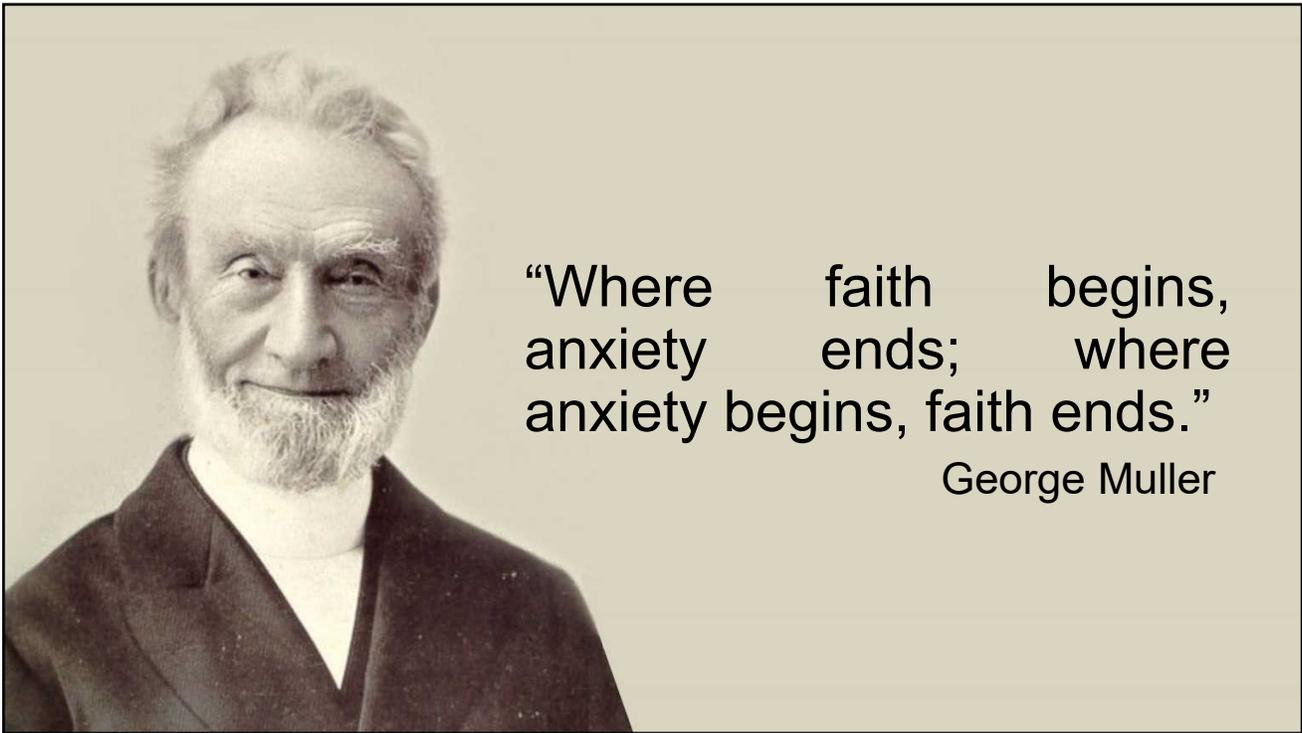
4. Potential is in the present

“Sufficient for the day is its own trouble”

Js 4:17 Therefore, to him who knows to do good and does not do it, to him it is sin.

Said the wild flower to the sparrow:
“I should really like to know
Why these anxious human beings
Rush about and worry so.”

Said the sparrow to the wild flower:
“Friend, I think that it must be
That they have no Heavenly Father,
Such as cares for you and me.”



For nearly a century, a massive mural by painter Victor Arnautoff titled "The Life of Washington" has lined the hallways of San Francisco's George Washington High School.



“Many of those in favor of scrapping the murals seem to believe that merely depicting past atrocities justifies them. But disregarding the intentions of artists would place every significant creative work with a whiff of controversy in jeopardy because of its “problematic” or “offensive” content. In a world where intentionality and context are irrelevant, satire and irony would not only be incomprehensible but forbidden.

Ripping art from its context degrades our critical faculties and imprisons us in the present. It smacks of a literal-minded authoritarianism that assumes and indeed insists that a creative work can and must only be read in one way. When people refuse to see the contradictions, tensions and ambiguities of art, it becomes disposable.”